

PSHE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Myself and My Relationships 1 [Beginning and Belonging] E-safety Exploring and using ICT in a safe, monitored environment.	Myself and My Relationships 2/3 [Family and Friends, including anti-bullying/My Emotions] E-safety Exploring and using ICT in a safe, monitored environment.	Citizenship 1 [Identities and Diversity] E-safety Exploring and using ICT in a safe, monitored environment.	Citizenship 2 [Me and My World] E-safety Exploring and using ICT in a safe, monitored environment.	Healthy and Safer Lifestyles 1 [My Body and Growing Up/Keeping Safe, including Drug Education] E-safety Exploring and using ICT in a safe, monitored environment.	Healthy and Safer Lifestyles 3 [Healthy Lifestyles] E-safety Exploring and using ICT in a safe, monitored environment.
Year 1	Myself and My Relationships 4 [Beginning and Belonging] Citizenship 3 [Working Together] E-safety 1a – Websites I like	Myself and My Relationships 5/8 [My Emotions/Managing change] E-safety 1b – User names and passwords.	Healthy and Safer Lifestyles 6 [Sex and Relationships Education]	Healthy and Safer Lifestyles 10 [Sex and Relationships Education]	Healthy and Safer Lifestyles 4 [Managing Risk] E-safety 1c – Being friendly, knowing the rules.	Healthy and Safer Lifestyles 5 [Safety Contexts] E-safety 1d – Stranger danger.
Year 2	Citizenship 5 [Rights, Rules and Responsibilities] E-safety 2a – Choosing where to go and what to play	Myself and My Relationships 6/7 [Family and Friends/Anti-bullying] E-safety 2c Who is my friend?	Healthy and Safer Lifestyles 7/8 [Healthy Lifestyles/Drug Education]	Citizenship 4 [Diversity and Communities]	Economic Wellbeing 1 [Financial Capability] E-safety 2d Jigsaw pieces	Healthy and Safer Lifestyles 9 [Personal Safety] E-safety 2b Why do they want to know?
Year 3	Myself and My Relationships 9 [Beginning and Belonging]	Myself and My Relationships 10 [My Emotions] E-safety - 3b What's	Healthy and Safer Lifestyles 12/14 [Safety Contexts/Healthy	Citizenship 8 [Rights, Rules and Responsibilities]	Citizenship 7 [Diversity and Communities] E-safety – 3c Why	Healthy and Safer Lifestyles 16 [Personal Safety] E-safety - 3d Who

	E-safety - 3a What's yellow and dangerous?	an avatar?	Lifestyles]		did you say that?	wants to know?
Year 4	Healthy and Safer Lifestyles 11 [Managing Risks] E-safety 4a – Games I like	Myself and My Relationships 11/12/ [Family and Friends/Anti-bullying] E-safety 4c – Who are you talking to?	Citizenship 6 [Working Together]	Healthy and Safer Lifestyles 15 [Drug Education]	Economic Wellbeing 2 [Financial Capability] E-safety - 4b Downloads and viruses	Healthy and Safer Lifestyles 13/17 [Sex and Relationships Education] Myself and My Relationships.13 [Managing Change] E-safety 4d – Did I say too much?
Year 5	Citizenship 11 [Rights, Rules and Responsibilities] Healthy and Safer Lifestyles 18 [Managing Risk] E-safety – 5a Blocking and reporting.	Citizenship 10 [Diversity and Communities]	Myself and My Relationships 15 [My Emotions] E-safety – 5b Scams and scammers.	Myself and My Relationships 16 {Family and Friends]	Healthy and Safer Lifestyles 23 [Personal Safety] E-safety – 5c The power of words.	Healthy and Safer Lifestyles 24 [Sex and Relationships Education]
Year 6	Citizenship 9 [Working Together] E-safety – 6a Respect and responsibility.	Myself and My Relationships 17 {Anti-bullying] E-safety – 6a Respect and responsibility.	Myself and My Relationships 14 [Beginning and Belonging] E-safety – 6a Respect and responsibility.	Healthy and Safer Lifestyles 21/22 [Healthy Lifestyles/ Drug Education] E-safety – 6a Respect and responsibility.	Healthy and Safer Lifestyles 19/20 [Safety Contexts/Sex and Relationships Education] E-safety – 6a Respect and responsibility.	Economic Wellbeing 3 [Financial Capability] Myself and My Relationships 18 [Managing Change] E-safety – 6a Respect and responsibility.

